

Family Prayer

Dear God, Thank you for loving us. Thank you for our family, our friends and everyone who cares for us.
Help us to notice people who need kindness.

Help us to pray together, care together, share together, and help your love grow in the world.

Bless children everywhere. Help us to be kind, brave, loving, and full of joy. Amen.

Blessing

—Try to learn this by heart

May God bless our hands to help others.

May God bless our hearts to love others.

May God bless our words to bring kindness.

May God bless us all today and always. Amen.

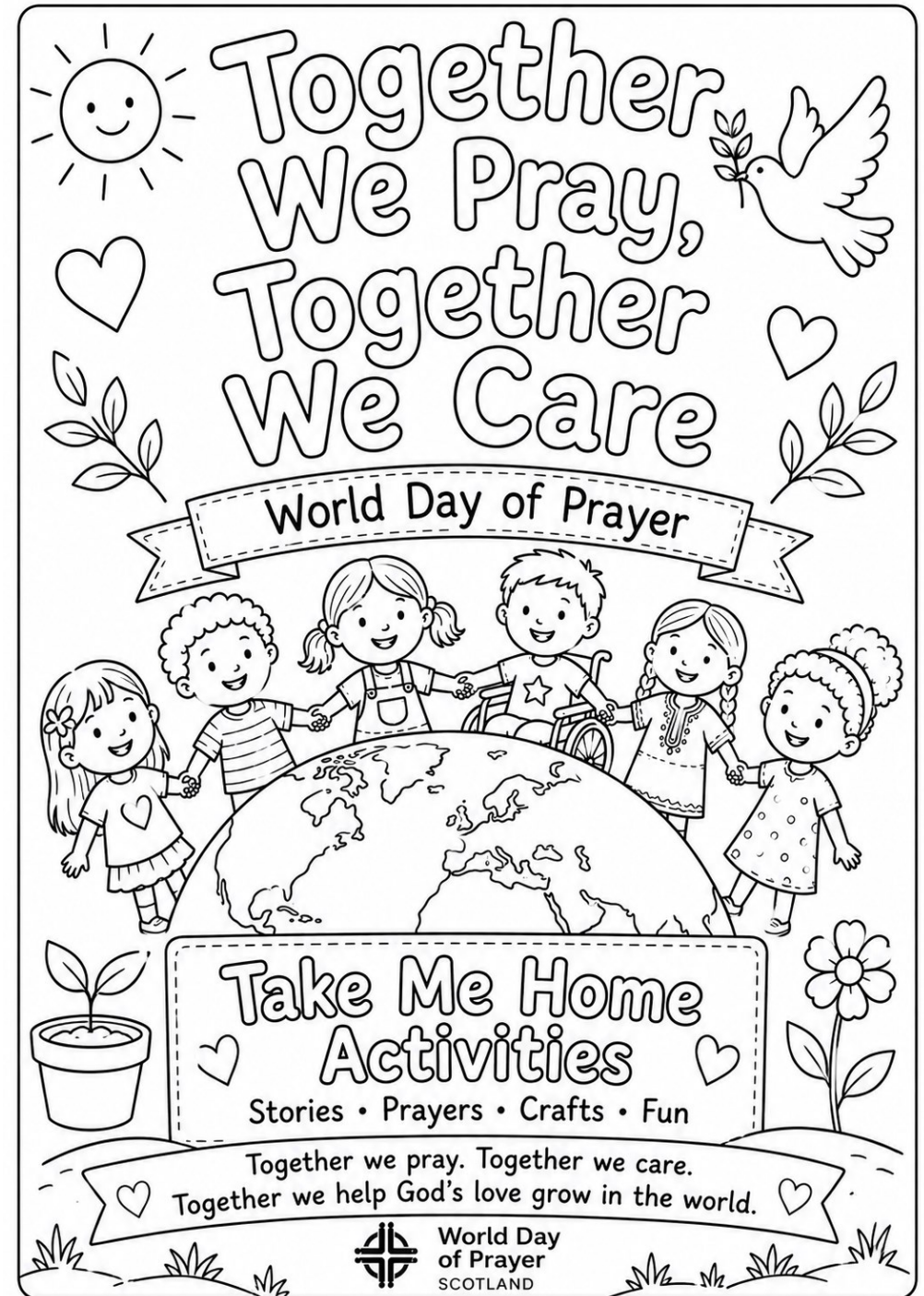
Remember

🌍 Together we pray.

♡ Together we care.

✚ Together we help God's love grow in the world.

These resources are provided by the Scottish WDP Committee



A Story to Read at Home

Today we learnt about two people in the Bible who talked to God.

Hannah's Story

Hannah was very sad.

She longed for a child and sometimes felt lonely.

When Hannah was sad, she told God everything that was in her heart. God listened to Hannah, stayed with her and gave her hope. Later, Hannah was filled with joy.

She sang a happy song to thank God.

We can remember:

When we are happy...

God is with us.

When we are sad...

God is with us.

When we are worried...

God is with us.

We can always talk to God

Mary's Story

Mary was a young woman when she received some surprising news. She was going to have a baby. Mary may have felt excited, but she may also have felt worried.

She went to visit her relative Elizabeth. Elizabeth welcomed Mary, listened to her and helped her feel stronger.

Mary was so thankful that she sang a joyful song to God.

We can remember:

Sometimes God helps us through people who love us.

When we feel worried, we can talk to someone we trust.

We can also be someone who listens and cares for another person.

We Belong to God's Big Family

Today we learnt that children and adults in many countries pray together through World Day of Prayer.

Some people speak different languages.

Some people live near us.

Some people live very far away.

God loves every person.

When we pray for one another, we remember to care for one another too.

That is why we say:

Together we pray.

Together we care.

Things to Talk About Together

Can you remember...

🌸 What did Hannah do when she was sad?

🌸 Who helped Mary when she felt worried?

🌸 Who helps you when you feel sad or frightened?

🌸 Who could you help this week?

This Week's Family Challenge

Can you do one caring thing every day this week?

♡ Help someone at home.

♡ Share with someone else.

♡ Care for a plant or God's world.

♡ Pray for another child.

♡ Cheer someone up.

♡ Listen carefully to someone.

♡ Say "Thank you" to someone who cares for you.

Each time you do a caring thing, colour in a heart on your

Family Caring Challenge sheet.