



TAKE IT FURTHER

Together We Pray, Together We Care

AT HOME | AGES 13-18

NOTICE	LISTEN	PRAY	ACT	REFLECT
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You do not have to do everything in this booklet.

Choose what speaks to you. There are no right answers. These pages are an invitation to notice, question, listen, pray and act.

INFORMED PRAYER • PRAYERFUL ACTION

World Day of Prayer Scotland - 2027



1. Seven Days: Seven Ways to Pray and Act

Try one small practice each day. Adapt the order if you need to.

DAY	NOTICE / PRAY	ACT
1	Notice something in the news that troubles you.	Find out more from a reliable source rather than scrolling past it.
2	Pray for someone whose voice is often ignored.	Listen to something written or spoken by someone with lived experience.
3	Notice something unfair where you live.	Ask: Is there one small thing I could do about it?
4	Pray for someone you disagree with.	Try to understand why they see things differently.
5	Pray for peace somewhere affected by conflict.	Find out about people there already working for peace.
6	Notice someone who may need encouragement.	Listen, encourage or simply be present.
7	Reflect: Where did I notice God this week?	Choose one action you want to continue.



2. Magnificat 2027

Mary imagined a world in which the powerful are challenged, the lowly are lifted up and the hungry are filled.

If Mary were a teenager writing her song in 2027, what might she sing about?

Write a poem, prayer, song, rap or spoken-word piece. You can use these beginnings - or ignore them and create your own.

■	My soul celebrates a God who...
■	I dream of a world where...
■	Those who have been ignored will...
■	Those who are hungry for justice will...
■	The powerful will learn...
■	God's hope is growing wherever...

My Magnificat 2027



3. Justice Through My Camera

Use your phone or camera to take two photographs during the week. Do not photograph identifiable people without their permission.

PHOTO 1 - SOMETHING THAT REPRESENTS INJUSTICE

PHOTO / SKETCH SPACE

What do I notice? Why does it matter?



PHOTO 2 - SOMETHING THAT GIVES ME HOPE

PHOTO / SKETCH SPACE

Where might God be in this? What could change?



4. My World Prayer Map

Choose three places: somewhere experiencing conflict; somewhere facing climate or economic injustice; and somewhere you know very little about.

PLACE 1: _____

LEARN one thing: _____

LISTEN - whose voice could I seek out? _____

PRAY one sentence: _____

ACT - one small response, if possible: _____

PLACE 2: _____

LEARN one thing: _____

LISTEN - whose voice could I seek out? _____

PRAY one sentence: _____

ACT - one small response, if possible: _____

PLACE 3: _____

LEARN one thing: _____

LISTEN - whose voice could I seek out? _____

PRAY one sentence: _____



ACT - one small response, if possible: _____

Prayer becomes informed when we listen before we speak.



5. The 24-Hour Social Media Challenge

For one day, notice how your feed shapes the way you see the world. This is not about judging your screen time - it is about paying attention.

■	What made me angry?
■	What made me afraid?
■	What gave me hope?
■	Whose voices appeared repeatedly?
■	Whose voices were missing?
■	Did I check whether something was true before sharing it?

How does what I see online shape what I pray about?

One thing I want to change about the way I use social media:



6. Prayer Playlist

Choose five pieces of music that express something about the world, faith or your own response to life. They do not need to be explicitly religious.

HOPE	Song / artist: _____
ANGER	Song / artist: _____
PEACE	Song / artist: _____
JUSTICE	Song / artist: _____
COURAGE	Song / artist: _____

Choose one track. Why did you choose it?



7. The £10 Justice Challenge

Imagine you have £10 to use to make a positive difference - or use a real £10 with your family if you choose.

What could you do?

■	Spend it to meet an immediate need.
■	Donate it to an organisation.
■	Buy something for a foodbank or community project.
■	Combine it with friends' money to do more.
■	Use it to start something that raises more.
■	Choose a different idea.

My plan for £10:

The bigger question

Is giving money enough? What else might need to change?



8. One Brave Conversation

Talk with someone from a different generation. You might choose a parent, grandparent, neighbour, church member, teacher or another trusted adult.

■	What worried you about the world when you were my age?
■	What has become better?
■	What has become worse?
■	What gives you hope now?
■	What do you hope my generation will change?

What surprised me?

A prayer to finish

God of justice and peace, help me to notice what matters, listen before I speak, pray honestly and act with courage. Connect my small choices with the prayers and actions of people around the world. Together we pray. Together we care. Amen.

**Together we pray. Together we care. Together we work for
justice and peace.**